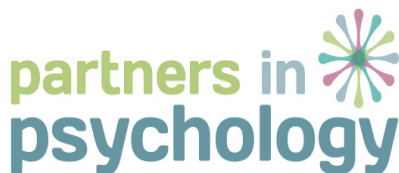


## VICTORY RATIONALE

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Victory is about celebrating victories from simply attending to engaging and learning. It is also about instilling hopefulness in children, young people and staff and about the celebration of success in the face of adversity.



## TIPS

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Fostering hope is an important concept of humanity and is key in supporting children's emotional well-being. A useful text in this area is *Hope in the Age of Anxiety* by Anthony Scioli and Henry Biller. Dr. Elliott, an associate professor of psychology at the University of Alabama in Birmingham suggests "By instilling hope, we teach our kids that they're not merely passive recipients of everything that happens,". This suggestion advocates the need to encourage and model hope especially following times of crisis. Dr Snyder, clinical psychologist from the University of Kansas encourages the ideas that we can develop hope in *The Psychology of Hope: You Can Get There From Here* and that parents and professionals can support children and young people in thinking positively.

Celebrating success in the face of difficulty in the second element of the victory section. Find ways as a school or setting to celebrate overcoming challenge. In the first stages this will be likely to include reflection on the first few weeks back at school. Highlight the importance of perseverance and of basic achievements such as attendance.

## FURTHER WORK

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Acknowledge small successes especially for children with additional needs. Be mindful that children who are anxious may need a slower pace to allow for adjustment.