

REFLECT RATIONALE

Reflection is important as part of phase 3 support because it values the lessons children and young people have drawn from this period and each other and how it may have shifted their thinking for the future. We cannot forget that we are in unprecedented times and that concept in itself is hard to grasp. Many teachers and parents have told us that children are asking them 'when did you last have a virus?' or "what did you used to do?" the notion that a pandemic of this nature and scale has not occurred in most peoples' life span is a hard concept for children and young people to comprehend. Narrative practice identifies the importance of story in our lives in the past, present and future and it is likely that this period will impact upon the 'story' of all childrens' lives for generations to come.



TIPS

- Collectively engage with a narrative from the media- reflect on the issues presented within it
- Consider narratives that pupils have come across during the lockdown period e.g through the media, news , social media, friends
- Engage in solutions focused thinking; consider this as a junction for change, what would we like to see remain/change?
- Engage in future thinking, how can pupils foresee that they will interact with their friends and family now? How can they create positive opportunities to connect
- Consider how connections between bubbles can be made within the school as a system especially for opportunities for reflection on transition experiences

FURTHER WORK/ACTIONS IF REQUIRED

Patterns of withdrawal or reluctance to communicate about experiences or the future could be indications that a young person is finding things difficult. Where feasible provide a consistent figure for pupils to engage with to facilitate reflective opportunities