

## GROW RATIONALE

Grow your resilience- building up timetables and relating learning to new experiences and views about learning

Grow new found skills that we have found during the period

Growing is about providing opportunities to allow self-development, both in terms of our learning and sense of wellbeing.



## TIPS

- Growing resilience is a key topic area for young people not just in dealing with the immediate aftermath of covid-19 and its ongoing impact but, also, in terms of developing skills for the future. The global business coalition for education provides some valuable resources about nurturing resilience and learning and skills for young people in light of the current circumstance <https://gbc-education.org/wp-content/uploads/2020/07/Resilience-New-Youth-Skill-for-the-Fourth-Industrial-Revolution.pdf>
- Young people will have required skills that they had not previously acquired during the period of crisis. Discuss ways to identify and develop new skills – consider developing personal growth pathways with students to map their development and how they are responding to new situations and learning contexts. This could be used a tool to both problem solve and develop skills.
- Encourage plan a and plan b thinking for young people in relation to their learning over the coming months. Encourage pupils to think about strategies and approaches they can use in the event of lockdown and those that they use and apply in the classroom.

## FURTHER WORK

Monitor young people who are struggling with future thinking. Be mindful of those for whom this is an issue because of an additional need.