

RESPECT RATIONALE

The respect area is all about respecting each others' lived experience of crisis and the ways that members of staff, children and young people may want to express this. This may require additional support or it may require less. We know from research around social systems following crisis periods or tragic events that social dynamics can play a large factor in young people's interactions with each other and influences such as social media have a further impact upon this



TIPS

Social dynamics are highly important amongst young people following trauma/crisis- YP will often feel that some people are more entitled than others to feel anxious or distressed. Communicating with YP that young people all have their own experiences and they are all valid for different reasons is very important.

Communicate the importance of being respectful and sensitive to the different experiences YP will have had of the COVID period. This would be most beneficial as a collective discussions in bubbles.

Approaches such as solution focused circles may be beneficial in supporting young people to approach concerns. These approaches can also be useful for staff teams when concerns arise relating to YP. A guidance sheet can be found at Solution Focused Reflecting Teams - SFRTeams - Suffolk ...
www.suffolklearning.co.uk › do_download

Stay vigilant to social media trends and use by young people, have open conversations with pupils early about their use of media during lockdown and their use now. Note any shifts and changes and highlight any concerns expressed by YP. Particularly important are those that express a reliance on social media for well-being or those that have little or no peer engagement during the period.

FURTHER ACTION IF REQUIRED

Be mindful of individual differences in reaction times and styles. Some pupils may find the transitional period overwhelming and display diminished processing of information and delayed emotional responses. Recovery times will be affected by individual experience and pupils therefore require adaption in accordance with this.