



## BUILD RATIONALE

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The build section is all about building resilience through listening , addressing the idea of dealing with mixed emotions as a normal experience , focussing on restoring balance for children and ,encouraging creativity and engagement



## TIPS

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- NSPCC offer some brain building tips for babies and young children. This is also a good resource for parents who can sign up to the regular newsletter

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/>

- Avoid prolonged periods away from children initially in order that reassurance can be frequently given. If children are very uncertain consider staged transitions where feasible
- Increase levels of nurturing activity and play within the context of hygiene guidelines and restrictions
- Maintain routines in relation to eating, breaks etc and provide visual support to young children to remind of them the routines of the session
- Listen to stories as frequently as they wish to tell them- young children may have an increased need to repeat events or experiences

## FURTHER WORK

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Monitor behavioural patterns and responses, provide increased levels of reassurance where anxiety is seen. Ensure that daily communication is in place between home and setting for any children identified as vulnerable